



Cuba: The Good Food Revolution

strengthening community through sustainable agriculture

Witness for Peace – Upper Midwest

February 13th—23th, 2015

After the collapse of the Soviet Union and the tightening of the U.S. embargo in the 1990s, agricultural imports to Cuba slowed and the island nation struggled to sustain itself. Despite an initial downturn, Cuba looked inward and embraced sustainable development practices like organic farming and urban gardens on a national level. As a result, Cuba now has greater food security. After replacing the Cuban Revolution's initial emphasis on large-scale, industrial agriculture with smaller collectives of urban and rural farmers, Cuba was declared the only country in the world to achieve sustainable development in 2006 by the World Wildlife Fund.

On this People-to-People delegation you will observe firsthand that sustainable development is possible! So join us on a delegation and discover ways the U.S. can learn from the lessons of Cuba's agricultural revolution!

- ✓ Visit urban farms, farmers markets, and meet with children and teachers from neighboring schools
- ✓ Meet with Cuban professionals to discuss techniques used in permaculture, farmers markets, and urban gardens
- ✓ Dialogue with Cuban citizens about campaigns in Cuba that promote sustainable development at the national and local levels
- ✓ Discuss methods for incorporating fresh fruits and vegetables, farm tours, and garden education in school experiences with Cuban students and faculty
- ✓ Learn about different campaigns to promote sustainable development at the national and local levels, such as Cuba's environmental education program
- ✓ Meet with teachers and school officials to learn about means of producing free, nutritious school meals
- ✓ Dialogue about the impact of U.S. policy on the everyday lives of Cuban citizens

**Applications: Due by November 5, 2014 with a \$150 deposit
Balance due December 5, 2014**

Cost: \$1,800 plus visa (\$75) and airfare to Havana. Independent travel to Miami and charter flight from Miami to Cuba (usually between \$430 - \$460) is in addition to the delegation fee. This includes all meals, accommodations, facilitation, translation, and transportation in Cuba. Your fee also covers an orientation/training session, and extensive reading materials and action tools distributed both before and after the delegation.

Space is limited, so apply soon!

Visit <http://witnessforpeace.org/form.php?modin=50&custom5=1947> to apply!

For more information, contact:

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This is a legally licensed People-to-People delegation, which will offer a full-time schedule of educational exchange activities that will result in meaningful interaction between the travelers and individuals in Cuba.

Witness for Peace (WFP) is a politically independent, grassroots organization. We are people committed to nonviolence and led by faith and conscience. Our mission is to support peace, justice, and sustainable economies in the Americas by changing U.S. policies and corporate practices that contribute to poverty and oppression in Latin America and the Caribbean. We stand with people who seek justice.